CIVIC SERVICE PROGRAMME (Factsheet for Youth)

About the Civic Service Programme

Civic Service Programme (CSP) provides youth aged 18 to 23 years old with opportunities to serve in the community care sector. The objective of CSP is to enable youth to develop relevant skills to serve current social needs. The upcoming CSP will focus on community care, where training and job attachment opportunities will be offered, in partnership with NTUC Health and Homage.

Eligibility Criteria

Interested youth must fulfil the following criteria:

- a) Singapore Citizen or Permanent Resident aged 18 to 23 years old;
- b) Available to attend Onboarding and Trainings (27th Feb 4th Mar)
- c) Available during the period of job attachment (6th Mar to 30th Jun):
 - o Part-time programme with Homage: 20 sessions
 - o Full-time programme with NTUC Health: 8 weeks

Each qualifying youth is only eligible for either the full-time or part-time position under the CSP and the programme must **commence by 27**th **February 2023** for this phase of application.

Benefits to Youth

- Gain exposure to caregiving services across a variety of healthcare settings;
- Nurture skills in community care through apprenticeship with healthcare professionals*;
- Develop empathy and intergenerational understanding towards senior;
- Undergo specially designed training workshops by either NTUC Health or Homage;
- Receive either a monthly allowance of \$750 for full-time position or at a rate of \$10 \$19 per hour for part-time position (depending on the phase and day of assignments). Allowances are fixed regardless of educational qualifications.
- * The CSP is suitable for participants without prior training in healthcare settings as it offers experiences at the elementary level.

How to Apply

Application is open from **9 Dec 2022 to 15 Jan 2023** at https://go.gov.sg/cspntuc for a full-time attachment with NTUC Health, or at https://go.gov.sg/csphomage for a part-time attachment with Homage. Interested and eligible youth may choose to attend our virtual **Information Sessions** conducted on **4 Jan 2023 or 13 Jan 2023** to clarify any further queries. Sign-ups for our Information session are open at https://go.gov.sg/cspinfos.

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CIVIC SERVICE PROGRAMME (for Youth) Frequently Asked Questions

Q1. Who is the organiser of the CSP?

CSP is introduced by the Ministry of Culture, Community and Youth (MCCY) and Youth Corps Singapore, which is part of the National Youth Council, to rally youth to develop relevant skills to serve social needs. Training workshops and job attachment are coordinated with our host organisations, NTUC Health and Homage.

Q2. How will CSP help you?

This programme equips youth with skills and experiences related to home care, nursing and rehabilitation for seniors. Aside from receiving job coaching from staff from NTUC Health and Homage, the following milestones are also designed to deepen your knowledge about community care and boost your ability to further contribute to the healthcare sector:

- ➤ 1.5 days Onboarding Programme
- ➤ 2.5 days Training with Homage or 4 days Training with NTUC Health
- ➤ 1 session (half-day) of Midpoint Check-in
- ➤ 1 session (full-day) of Closing and Celebration

Q3. How do I qualify to apply for this civic service programme?

Interested youth must fulfil the following criteria:

- a) Singapore Citizen or Permanent Resident aged 18 to 23 years old;
- b) Available to attend Onboarding and Trainings (27th Feb 4th Mar)
- c) Available during the period of deployment (6th Mar to 30th Jun) for a total of:
 - a. Part-time programme: 20 sessions
 - b. Full-time programme: 8 weeks

No prior background in healthcare or nursing is required.

Q4. Will I receive a higher allowance if I have higher educational qualifications?

No. Participants undergoing the <u>full-time programme</u> with NTUC Health will receive a monthly allowance of <u>\$750</u>. Participants in the <u>part-time programme</u> with Homage will receive <u>\$10 per hour</u> for the first 10 sessions, and <u>\$17 - \$19 per hour</u> for subsequent sessions. These allowances are fixed regardless of your educational qualifications.

Q5. Who is the target community for CSP?

Most clients of NTUC Health and Homage are seniors who have been discharged from hospitals but still require close monitoring. Participants of CSP will support seniors who are recovering and work alongside caregivers to support them.

Q6. What is the difference between the full-time programme with NTUC Health and the part-time programme with Homage?

The full-time programme with NTUC Health includes an attachment of <u>at least 8 weeks</u> during the period of March to June 2023. This comprises 5 full-day sessions per week. Participants may be attached to (1) NTUC Health's Active Ageing Hubs and Day Rehabilitation Centres or (2) NTUC Health's Active Ageing Hubs and Senior Day Care Centres/ Nursing Homes. Participants must attend NTUC Health's 4-day training prior to being deployed. After successfully completing CSP with NTUC Health, participants will be offered opportunities to

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take up associate job positions/ assignments to serve professionally with relevant institutions under NTUC Health.

The part-time programme with Homage requires completion of <u>20 job assignments</u>, each lasting around 2-3 hours. Participants may complete these sessions on an ad-hoc basis from March to June 2023. Assignments made available for participants will include supporting daily activities and caregiving needs at the homes of elderly clients as well as basic nursing procedures. Participants must attend Homage's 2.5 days training prior to being deployed. After successfully completing CSP with Homage, participants will be qualified to continue taking up assignments with Homage as a professional Care Associate.

Q7. What services will youth participants administer?

Youth may be involved in:

- > Supporting seniors in daily activities: feeding, showering, dressing, toileting, transferring
- Non-clinical roles: companionship, grocery shopping, light housekeeping
- Nursing procedures: wound care, medication administration
- Medical escort to and from medical appointments
- Assist in senior rehabilitation

Q8. What information do I need to provide in the application form?

Interested youth are required to provide information such as your availability, educational level, and competencies in the application form at https://go.gov.sg/cspntuc for a full-time attachment with NTUC Health, or at https://go.gov.sg/csphomage for a part-time attachment with Homage.

Upon the closing of applications, you will be contacted either by NTUC Health or Homage by **20**th **Jan 2023** if you are shortlisted for an interview with them.

Q9. Can I apply for both the full-time and part-time position offered under the CSP?

Interested and eligible youth may apply for both the full-time and part-time position. However, you are only allowed to accept **one** position offered under the CSP.

Q10. Can I hold a full-time job while participating in CSP?

Participation in CSP while holding a job is only possible with the part-time attachment with Homage, where arrangements can be made to commit to 20 sessions on an ad-hoc basis according to your availability.

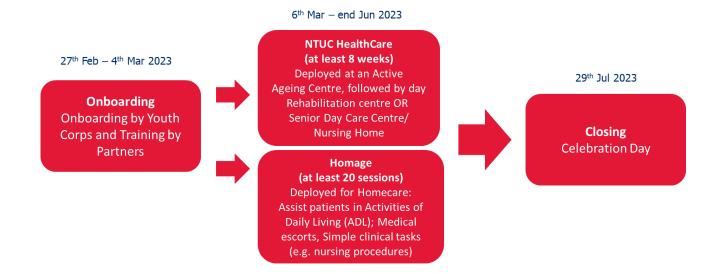
Q11. What are my obligations as part of the CSP?

Successful applicants will be required to:

- a) Be committed to a period of either full-time (8 weeks) or part-time (20 sessions) deployment from March to June 2023;
- b) Attend trainings and programmes by Youth Corps Singapore:
 - a. 1.5 days Onboarding Programme
 - b. 2.5 days Training with Homage or 4 days Training with NTUC Health
 - c. 1 session (half day) of Midpoint Check-in
 - d. 1 session (full day) of Closing and Celebration

Youth must be able to commit to deployment in the period of 27 Feb – 30 Jun 2023 as stated in the programme structure below:

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Q12. Who can I contact if I have more queries on the CSP?

For further enquiries, you can email youthcorps programmes@nyc.gov.sg.

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